

GO WITH THE FLOW!

Choreographed by: Peter & Alison (TheDanceFactoryUK) Dec 08

Music: **Let Your Love Flow (7th Heaven Radio Edit)** by Alan Connor (CD: 125bpm)

Descriptions: 64 count - 4 wall - Beginner/Intermediate level line dance

[start after 16 count intro](#)

Download available at www.play.com

1-8 R Jazz Ball Cross, R & L Side Switches, R Fwd, L Fwd, ½ R Pivot Turn

1-2 Cross step R over L, step L back

&3-4 Step R next to L, cross step L over R, point R toes to right side

&5&6 Step R together, point L toes to left side, step L together, step R forward

7-8 Step L forward, pivot ½ right (**6 o'clock**)

9-16 L Fwd Step Touch, R Shuffle Back, L Back Step Touch, R Fwd Shuffle

1-2 Step L forward, touch R together

3&4 Step R back, step L together, step R back

5-6 Step L back, touch R together

7&8 Step R forward, step L together, step R forward (**6 o'clock**)

17-24 L Fwd, ¼ R Pivot Turn, L Cross Shuffle, R Side Rock & Recover, R Coaster Step

1-2 Step L forward, pivot ¼ right (**9 o'clock**)

3&4 Cross step L over R, step R side, cross step L over R

5-6 Rock R side, recover weight on L

7&8 Step R back, step L together, step R forward (**9 o'clock**)

25-32 4 Travelling Fwd Heel Switches, L Fwd, R Fwd, ½ L Pivot Turn, R Fwd

1&2& Touch L heel forward, step L in place, touch R heel forward, step R in place

3&4& Touch L heel forward, step L in place, touch R heel forward, step R in place

Note: Travel forward as you do the heel switches; they are NOT done on the spot

5-8 Step L forward, step R forward, pivot ½ left, step R forward (**3 o'clock**)

33-40 Diagonal Lock Steps, R Fwd, ½ L Pivot Turn, Diagonal R Fwd Shuffle

1-2 Travelling toward L diagonal (**1 o'clock**): step L forward, lock R behind L

3&4 Step L forward, lock R behind L, step L forward

5-6 Step R forward, pivot ½ left to opposite diagonal (**7 o'clock**)

7&8 Step R forward, step L together, step R forward (**7 o'clock**)

41-48 Diagonal Lock Steps, R Fwd, ½ L Pivot Turn, Diagonal R Fwd Shuffle

1-2 Travelling toward diagonal (**7 o'clock**) step L forward, lock R behind L

3&4 Step L forward, lock R behind L, step L forward

5-6 Step R forward, pivot ½ left to opposite diagonal (**1 o'clock**)

7&8 Step R forward, step L together, step R forward (**1 o'clock**)

49-56 L Fwd, R Touch Behind, R Back, L Heel Fwd, L Tog, R Fwd Squaring To Wall, L Fwd, R Side Point, R Sailor Step

1-2 Step L forward, touch R together

&3 Step R back, touch L heel forward

&4 Step L together, step R slightly forward squaring off to side wall (**3 o'clock**)

5-6 Step L forward, point R toes to right side

7&8 Step R back, step L together, step R forward (**3 o'clock**)

57-64 L Fwd, ½ R Pivot Turn, L Fwd Shuffle, R Fwd Step Touch, L Back & R Kick Ball Change

1-2 Step L forward, pivot ½ right

3&4 Step L forward, step R together, step L forward

5-6& Step R forward, touch L together, step L back
7&8 Kick R forward, step R together, step L together (**9 o'clock**)
Tel: 01727 853041 www.thedancefactoryuk.co.uk

