

Say Hey

Description: 48 Counts, 2 wall, Intermediate line dance

Music: "Hit Me Up" by Gia Farrell, on the "Happy Feet", soundtrack CD.

Choreographed by Teresa and Vera

Start time & BPM: Start dance 24 counts in, on main vocals. BPM 102

Contact: Phone 020 8548 4929. Mob. 07961 805174.

Email: teresaandvera@aol.com Website: www.teresaandvera.co.uk.

Check out the video page on our website to watch some of our dances

KICK & KICK & CROSS ROCK STEP SIDE. KICK & KICK & CROSS ROCK STEP SIDE.

- 1&2& Kick fwd R, replace weight to centre on R, kick fwd L, replace weight to centre on L
3&4 Cross rock R over L, replace weight on L, step R to R side
5&6& Kick fwd L, replace weight to centre on L, kick fwd R, replace weight to centre on R
7&8 Cross rock L over R, replace weight on R, step L to L side

TOE STRUT JAZZ BOX 1/4 TURN. WEAVE RIGHT, ROCK BACK REPLACE (Optional clicks!)

- 1&2&3&4& Cross R toes over L, drop heel, making 1/4 turn R step back L toes, drop heel, step R toes to R side, drop R heel, cross step L toes over R, drop L heel taking weight on L. (Option, on the toe heels bit you click your fingers if you want to)
5&6&7-8& Step R to R side, cross L behind R, step R to R side, cross L over R, step R to R side*, rock back on L, replace weight on R (3 o'clock)

RHUMBA BOX 1/4 TURN X2

- 1&2 Step L to L Side, step R next to left, making 1/4 turn left step fwd L
3&4 Step R to R side, step L next to R, Step back on R (12)
5&6 Step L to L Side, step R next to left, making 1/4 turn left step fwd L
7&8 Step R to R side, step L next to R, Step back on R (9)

LEFT LOCK BACK, BACK MAMBO, LEFT LOCK FORWARD, WHOLE TURN OR WALK

- 1&2 Step back on L, lock R in front L, step back on L
3&4 Rock back on R, replace weight on L, step R next to L
5&6 Step L fwd, lock R behind L, step fwd L
7 8 Making 1/2 turn L step back on R, making another 1/2 turn L step fwd R. (Option walk fwd R L) (9)

SIDE TOUCH, SIDE TOUCH, ROCK & CROSS. SIDE TOUCH, SIDE TOUCH, ROCK & CROSS

- 1&2&3&4 Step R to R Side, touch L next to R, step L to L side, touch R next to L, rock R to R side, replace weight on L, cross R over L (Optional claps on step touch)
5&6&7&8 Step L to L side, touch R next to L, step R to R side, touch L next to R, rock L to L side, replace weight on R, cross L over R (Optional claps on step touch) (9)

SIDE ROCK REPLACE, CURTSEY UNWIND. HIP BUMPS 1/4 TURN

- 1-2-3-4 Rock R out to R side, replace weight to L, cross R behind L, unwind whole turn over R shoulder weight to end on L (Option to unwind. Step R next to L, hold)
5&6&7&8 Step R to R side, bump hips to R, continue to bump hips L,R,L,R,L, making 1/4 turn L as you do, make sure your weight shifts fwd onto your L on count 8 to start dance again (6)

Ending.

Dance will end during wall 7. You will start dance facing the front wall. Dance up to & including the first 15 counts, (weave R, ending with *step R to R) Then just make a 1/4 turn L stepping fwd on L to face the front & pose!